

Filing of Residents Tax (*Jumin-zei*)

Filing Period: Feb. 16 (Fri.) – Mar. 15 (Thur.)

Residents taxes (municipal residents tax/metropolitan residents tax) are calculated on the basis of income earned in the previous year from January to December including various deductions (for dependents, spouses, social insurance premiums, etc.).

<Those who are required to file>

As of January 1st, 2018, those who fall into any of the following categories (1-3) are required to file.

1. People who are residents of Meguro City and who received an income during 2017.
2. People who own an office/place of business/house and lot in Meguro City but had their residential address outside of Meguro City.
3. People who are residents of Meguro City and who received no income or an income of ¥350,000 or less during 2017, and fall into any of the below:
 - enrolled or will be enrolled in the National Pension, National Health Insurance, Long-Term Care Insurance, or Longevity Medical Care System for 75 Years Old or above;
 - receive or will receive benefits relating to children;
 - receive or will receive any subsidies, such as school expense subsidies, grants for telephone expenses, grant of prosthetic devices, and childcare grant, from the Meguro City Office;
 - or need a certificate for taxation (or tax exemption).

A Residents Tax return form will be sent out to those who are deemed to need filing it in early February.

Those who need a tax return form but have not received one are requested to contact **the Tax Affairs Section**.

<Those who do not need to file>

- People who will file a final income tax return.
- People whose income during 2017 was solely made up of salary and whose employer will submit reports of salaries payment to the Meguro City Office.

<Submission method>

During the filing period, please submit or mail the completed form to **the Tax Affairs Section**, 2F Main Building of Meguro City Office Complex.

- * For filing, your Social Security and Tax Number (My Number) must be filled in. Also, the presentation of your identification document or the copy is required.
- * In the case of applying for tax deductions for dependents, etc. who reside in foreign countries, it is required to present or attach the documents proving your family relationships with them and those proving your transfer of money to them; unless such deductions are already applied and included in the tax withholding certificate after year-end adjustment.

Hand Washing and Cough Etiquette to prevent infection

Influenza (the flu) epidemic occurs in winter. The flu and colds are contagious not only through the air - it can be spread by an infected person coughing and sneezing; but also by personal contact - touching the doorknob or the handrail used by a person whose hands are contaminated with such germs.

The basic preventive measures against the infection are "hand-washing" and "gargling" after getting home and before eating each meal. Also, mind the "cough etiquette" for not infecting people around you; all three of which are equally important.



"Cough etiquette" is to prevent spreading the virus: specifically, wearing a mask properly (by covering from the bridge and tip of your nose to your mouth and chin) and covering your mouth and nose with a tissue when coughing or sneezing.

Meanwhile, if you think that you are suffering from nagging coughs, persistent low fevers and constant fatigue due to a cold, such symptoms might be related to tuberculosis (TB).

Tuberculosis is not a disease of the past; it is worth mentioning that the number of TB patients is larger in Japan than that in the US and other European countries.

As TB spreads through the air, a person with TB symptoms can easily transmit the disease to other people. In case of prolonged symptoms, such as coughing for more than two weeks, you should definitely consult a medical doctor and, of course, stick to the "cough etiquette." In addition, it is also recommended to have a regular medical checkup (chest X-ray examination).

Disaster Prevention Seminar for Foreigners

Meguro City and Meguro Fire Department will hold a disaster prevention seminar for foreigners, providing an opportunity for them to experience practical training in the event of a disaster. Interpreters of several languages are available.

Date and time:

February 17 (Sat.) 9:30 am – noon

Venue:

Meguro Disaster Prevention Center
1-9-7 Chuo-cho, Meguro-ku

Contact for Application/Inquiry:

Meguro City Culture & Exchange Promotion Section
FAX:03-5722-9378
Email:bunka01@city.meguro.tokyo.jp

Send your application by fax or e-mail, providing your (1) name, (2) nationality, (3) language, (4) address, (5) telephone number and (6) whether you require interpretation services or not.

Foreign Residents Information Desk

Main Building 1F, Meguro City Office 2-19-15
Kamimeguro Meguro-ku Tokyo
<http://www.mifa.jp/mifa2/gaikokujinsodan2/2E.htm>



Life in Tokyo

Site for Foreign Residents of Tokyo
<https://www.lifein.tokyo.jp/en/>



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