
Everyday Life Information Digital News vol.1

Issued on March 20, 2021 by Meguro Int'l Friendship Association

In place of the "English Information Paper-Kaleidoscope MEGURO" published bimonthly from July 2017 to March 2020, "Everyday Life Information Digital News" will be published bimonthly from March 2021 onward in both Japanese and English. You will be advised of information useful for living in and around Meguro City.

★Note: Automatic translation is available for URLs listed below; you are also advised to Google translate an URL noted with “◆” at the following site:

<https://translate.google.co.jp/?hl=ja&tab=rT&sl=ja&tl=en&op=translate>

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【 1 】 Information from Meguro City

You are advised of information from Meguro City and organizations therein.

1, Measures for the COVID-19 Vaccination in Meguro City

(1) COVID-19 Consultation Service

<https://www.city.meguro.tokyo.jp/kurashi/anzen/newcorona/consultation-desk/index.html> ◆

(2) Preparing for vaccination against COVID-19 infection

https://www.city.meguro.tokyo.jp/kurashi/hoken_eisei/shinryo/yobosesshu/covid19/covid19_vaccine.html ◆

(3) COVID-19 Vaccination Call Center

Phone: 0570-058-050 / Fax: 03-5722-7048

Reception hours: Monday to Saturday 8:30 to 17:00 *excluding holidays

https://www.city.meguro.tokyo.jp/kurashi/hoken_eisei/shinryo/yobosesshu/covid19/callcenter.html ◆

2. Disaster Preparedness in Meguro City

- Disaster Prevention Activities Manual (Japanese, English, Chinese, Korean)

https://www.city.meguro.tokyo.jp/kurashi/anzen/bosai/plan/manual_all/manual_eng.html ◆

- Countermeasures against COVID-19 infections in evacuation centers

https://www.city.meguro.tokyo.jp/kurashi/anzen/bosai/newcorona_hinanjyotaisaku.html ◆

- Earthquake Early Warning unique to Meguro City

https://www.city.meguro.tokyo.jp/kurashi/anzen/bosai/saigai_taisaku/kinkyujisinsokuho.html ◆

- Disaster Prevention Map app that can be used on smartphones

https://www.city.meguro.tokyo.jp/kurashi/anzen/bosai/map/bosai_app.html ◆

- Meguro City Disaster Prevention Map (Japanese, English, Chinese, Korean)

<https://www.city.meguro.tokyo.jp/kurashi/anzen/bosai/map/bosaimap.html> ◆

- Automatic delivery of disaster prevention weather information emails

<http://dim2web09.wni.co.jp/megurocity/bosaimail/index.html>

- Disaster prevention supplies procurement list, application method, etc.

<https://www.city.meguro.tokyo.jp/kurashi/anzen/bosai/bosaiyohin/assen/moshikomi.html> ◆

- Disaster prevention for pets

https://www.city.meguro.tokyo.jp/kurashi/hoken_eisei/pet/petobousai.html ◆

3. Request for Refraining from Cherry Blossom Viewing

Please refrain from cherry blossom viewing in places where many people gather, such as along the Meguro River. Also, please refrain from holding events and food stalls around the Meguro River.

Inquiries: Meguro Cherry Blossom Period Safety Measures Council Secretariat (Culture and Exchange Section Culture and Tourism Sub-section Tel: 03-5722-9553)

4. "Hotto (Relief) Room"

On January 15, 2021, it opened on the 1st floor of the Meguro City Office Complex's Annex as a place where children (infants) can eat, be breastfed, and their diapers can be changed. There is also a stroller storage area. Please feel free to drop by. "Meguro Parenting

Hotto (Relief) Book" (Bookbinding version: Japanese & English / Electronic version: Japanese) is a booklet that allows you to see all the parenting information in Meguro City. In addition, "Meguro Parenting Hotto (Relief) Navi" provides information in multiple languages in a digital version, so please take a look.

“Hotto (Relief) Room” :

<https://www.city.meguro.tokyo.jp/kurashi/kosodate/hotto-room.html> ◆

Meguro Parenting “Hotto (Relief) Book” :

<https://www.city.meguro.tokyo.jp/kurashi/kosodate/josei/hottobook.html> ◆

Meguro Parenting “Hotto (Relief) Navi” :

<https://www.mchh.jp/top/cityinformations?lgCode=13110> ◆

Inquiries: Child Care Support Division User Support Section

Tel : 03-5722-9596、 03-3715-2641 (in Japanese only)

Fax : 03-3715-7604

Email : ho-net@city.meguro.tokyo.jp

5. MULTILINGUAL PICTURE BOOK

Picture books can be read in multiple languages.

<https://www.rainbow-ehon.com/>

Inquiry : MULTILINGUAL PICTURE BOOK CLUB RAINBOW

090-9973-8260 / nihongo_crayons@yahoo.co.jp

6. Foreign Residents Information Desk at Meguro City Office

English, Chinese, Korean, and Filipino speaking staff answer your inquiries about municipal administration, facilities, events, and everyday life.

Place: 1st floor, Meguro City Office Complex's Main Building

TEL: 03-5722-9187 (English) / 03-5722-9194 (Chinese, Korean, Filipino)

Office Hour:

- English: 9:00-12:00; 13:00-17:00 on Mon. thru Fri.
- Chinese: 10:00-12:00; 13:00-17:00 on Mon. Tue. Wed. Fri.
- Korean: 10:00-12:00; 13:00-17:00 on 1st and 3rd Thurs.
- Filipino: 10:00-12:00; 13:00-17:00 on 2nd and 4th Thurs.

<https://mifa.jp/en/for-internationals/foreign-informationdesk/>

【 2 】 Information from Tokyo

You are kindly advised of information from Tokyo and organizations therein.

1. Tokyo Disaster Prevention Guidebook (Japanese, English, Korean, Chinese (Simplified))

This guidebook explains how to prepare for natural disasters such as earthquakes, storms and floods, volcanoes, large-scale accidents, and terrorist disasters.

<https://www.bousai.metro.tokyo.lg.jp/bousai/1000031/1003770.html>



2. Free Phone Service for Those who are in Trouble with COVID-19

★ Until March 31, 2021

Tokyo Coronavirus Support Center for Foreign Residents (TOCOS)

Toll free number 0120-296-004

From 10:00 to 17:00 [excluding Saturdays, Sundays and public holidays]

https://www.seikatubunka.metro.tokyo.lg.jp/chiiki_tabunka/tabunka/tabunkasuishin/0000001452.html ◆

★ After April 1, 2021

Tokyo Multilingual Consultation Navi (TMC Navi)

Phone 03-6258-1227

From 10:00 to 16:00 [excluding Saturdays, Sundays and public holidays]

<https://www.tokyo-tsunagari.or.jp/LinkClick.aspx?fileticket=1IctIWp1EKw%3d> ◆

3. Volunteer Japanese Class Guide

You can search for volunteer Japanese language classes in the 23 wards of Tokyo and Tokyo cities.

* Please contact each Japanese language class directly for details on the activity status.

<http://www.tnvn.jp/guide/> ◆

4. Elementary School Counseling for Foreign Dads and Moms (online)

We will explain about public elementary schools in Japan in English, Chinese, and Easy Japanese.

Date and time: Saturday, March 27, 2021 10: 00-12: 00

Participation fee: Free

Organized by: Bunkyo Multilingual Support Network

https://www.d-fumi.com/member/article_detail/1353 ◆

5. Elementary School Guidebook (Bunkyo Multilingual Support Network)

Information for parents and children of foreigners who go to public elementary schools in Japan is available in three languages: English, Chinese and Easy Japanese.

Edited and Published by: Bunkyo Multilingual Support Network

<https://bunkyotagen5sn.wixsite.com/info> ◆

【 3 】 Nationwide Information

You are kindly advised of information from other entities.

1. Portal site for Daily Life Support for Foreign Residents (Immigration Bureau) (15 languages)

This portal site was established to provide useful information to foreigners residing in Japan and their supporters. Here, we will introduce information about disaster prevention.

- Japan Meteorological Agency website (disaster information / multilingual support)

- Disaster prevention portal (Ministry of Land, Infrastructure, Transport and Tourism)

(Japanese, English, Korean, Chinese (Simplified), Chinese (Traditional), Thai, Vietnamese, Portuguese)

- Convenient apps and websites in the event of a disaster (Cabinet Office, multilingual)

- Evacuation in the event of a disaster while the new coronavirus disease has not been stamped out.

- Safety tips (smartphone app) (14 languages)

- NHK WORLD -JAPAN (smartphone app)

- Examples of sentences that call attention to foreigners in the event of a disaster in multiple languages (multiple languages)

http://www.moj.go.jp/isa/support/portal/guidebook_emergencies.html

2. COVID-19 Vaccination (Prime Minister's Office)

This site explains the details of the vaccine and the government's response.

<https://japan.kantei.go.jp/ongoingtopics/vaccine.html>

3. Infection Prevention Handbook for the General Public

Tohoku Medical and Pharmaceutical University has published the Japanese version of "3rd Edition". The latest version of each language is "2.2th edition". (English, Korean, Chinese (Simplified), Chinese (Traditional), Vietnamese, Mongolian)

4. Website for Foreign Residents to Learn Japanese Language (Japanese, English, Chinese (Simplified), Spanish, Portuguese, Vietnamese)

This is a site for people who live in Japan and have no opportunity to study Japanese as well as those who have just moved to Japan and are learning the Japanese language for the first time

https://tsunagarujp.bunka.go.jp/?lang_id=EN

5. The Japanese Language Learning Portal Site “NIHONGO e げ”

This site introduces useful sites and tools for learning Japanese in an easy-to-understand manner.

<https://nihongo-e-na.com/eng/>

★Please let us know your opinions and requests about Everyday Life Information Digital News by email (info@mifa.jp).

★Inform MIFA via e-mail (info@mifa.jp) to unsubscribe or change your e-mail address.

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