

Issued on Nov. 20, 2022, by Meguro International Friendship Association (MIFA)

Everyday Life Information Digital News vol.11

"Everyday Life Information Digital News" is published bimonthly in both Japanese and English. You will be advised of information useful for living in and around Meguro City.

★pdf. version can be viewed at the following site. Click blue-lettered link.

<https://mifa.jp/en/for-internationals/everyday-life-information-digital-news/>

★Note: Automatic translation is available for URLs listed below; you are also advised to translate an URL noted with "◆" to google translate it at the following website: <https://translate.google.co.jp/?hl=ja&tab=rT&sl=ja&tl=en&op=translate>

Table of Content

- [1] Information from Meguro City**
- [2] Information from Tokyo**
- [3] Nationwide Information**

[1] Information from Meguro City

You are advised of information from Meguro City and organizations therein.

1. Measures for the new corona vaccine in Meguro City

- (1) COVID-19 Vaccination Inquiry Chatbot

https://obot-ai.com/bot/covid_meguro/

You could make an inquiry about COVID-19 Vaccination via character/voice input of key words.

- (2) Preparing for vaccination against new coronavirus infection **[Japanese]◆**

https://www.city.meguro.tokyo.jp/kurashi/hoken_eisei/shinryo/yobosesshu/covid19/covid19_vaccine.html

- (3) New Corona Vaccination Call Center **[Japanese]◆**

https://www.city.meguro.tokyo.jp/kurashi/hoken_eisei/shinryo/yobosesshu/covid19/callcenter.html

Tel: 0570-058-050 / **Fax:** 03-5722-7048

Reception hours: Monday to Saturday 8:30 to 17:00 *excluding Sundays, national holidays, and Year-end / New Year holidays.

2. Meguro City Sightseeing and Disaster Prevention Portal

<https://home.meguro.kokosil.net/en/>

Information regarding attractive tourism and sightseeing as well as responses in the event of a disaster is available for residents in Meguro City.

3. MIFA Japanese Conversation Salon

https://mifa.jp/en/japanese_conversation_salon/

Enjoy Japanese conversation on any topic with a volunteering native Japanese.

Time : Wed. 10:00-11:00/13:30-14:30

1st & 3rd Thurs. 19:30-20:30 (except

national holidays)

Apply : Fill in forms on the above URL.

4. Recruitment of BODY BALLET lesson students!

BODY BALLET lessons will be given by an active Ukrainian ballerina. No ballet experience required. It will be a beauty and health lesson for people of all ages. Please come dressed comfortably.

Date: Saturday, November 26, 2022 10:00-11:00/11:00-12:00

Thursday, December 1, 2022 For children 16:00-17:00/ For All 17:00-18:00

Sunday, December 4, 2022 10:00-11:00

Thursday, December 8, 2022 For children 16:00-17:00/ For All 17:00-18:00

Saturday, December 10, 2022 10:00-11:00

Thursday, December 15, 2022 For children 16:00-17:00/ For All 17:00-18:00

Location: Noah Studio Main Building

(1-7-23 ST Building, Nakane, Meguro-ku)

2-minute walk from Toritsudaigaku Station on Tokyu Toyoko Line

<https://www.noahstudio.jp/shop/toritsudai/>

Capacity: 12 people for each time slot

Price: 2,500 yen (1 session 1 hour)

Application: Send us a message on Instagram.

<https://instagram.com/annabodyballet?r=nametag>

4. Foreign Residents Information Desk at Meguro City Office

<https://mifa.jp/en/for-internationals/foreign-informationdesk/>

TEL:

03-5722-9187[**English**] Mon.- Sat. 9:00 - 12:00/13:00-17:00

03-5722-9194[**Chinese**] Mon.- Wed., Fri. 10:00 - 12:00/13:00-17:00

03-5722-9194[**Korean**] 1st and 3rd Thurs. 10:00 - 12:00/13:00-17:00

03-5722-9194[**Filipino**] 2nd and 4th Thurs.

10:00 - 12:00/13:00-17:00

[2] Information from Tokyo

You are kindly advised of information from Tokyo and organizations.

1. "Notice from the Tokyo Foundation "Tsunagari"

○ Consultation Service for Evacuees from Ukraine

<https://tabunka.tokyo-tsunagari.or.jp/english/info/2022/03/post-86.html>

Tel: 03-6258-1227

Time: 10:00-16:00 on Mon.-Fri (except national holidays)

○ The Nov. 2022 issue of "'L'ESPACE" has been released.

https://tabunka.tokyo-tsunagari.or.jp/lespace/index_2211.html

2. Tokyo Multilingual Counseling Navigation" Free Consultation for Status of Residence" <TMC Navi>

<https://tabunka.tokyo-tsunagari.or.jp/info/2022/05/220512-tagengosodan.html>

Tel : 03-6258-1227

Hours Weekdays 10 a.m. - 4 p.m. (not available on weekends, holidays, and the New Year holiday period)

3. Information for those who have fled Ukraine (Immigration Services Agency)

https://www.moj.go.jp/isa/support/fresc/ukraine_support.html

4. Information from the Chihiro Art Museum

Venue: Chihiro Art Museum, Tokyo (4-7-2 Shimoshakujii, Nerima-ku, Tokyo)

★Please let us know your opinions and requests about Everyday Life Information Digital News by email (info@mifa.jp).

★Inform MIFA via e-mail (info@mifa.jp) to unsubscribe or change your e-mail address.

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