

How to apply for a day nursery starting April, 2018

* What is a day nursery?

It is a service for parents and guardians who cannot take care of their children during the day due to work or illness. For further information, please refer to 'the Guidance for Day Nurseries' published by the Meguro City Government.

* Who can apply for a day nursery?

Any parent or guardian who needs childcare for any of the reasons below:

- Those who are working a full-time job
- Those who are sick, or with a physical or mental disability
- Children who are under threat of child abuse or DV(domestic violence) requiring social help
- Pregnant women ready to deliver
- Those who are taking care of an elderly family member
- Those who are job hunting (including those who are starting their own business)
- Those who have suffered from a natural disaster and undergoing home restoration
- Those who are enrolled in school

* Period of application

From October 2nd, 2017 to December 8th, 2017

* Contact

Day Nursery Section, 2F Main Building, Meguro City Office Complex

TEL: 03-5722-9868 (Direct call number)

UNESCO JAPANESE LANGUAGE CLASS : 2017 Autumn Term

Term:

- *No classes on national holidays
- *No classes on Sep. 23 and Nov. 23

Morning-Course

Every Tue. & Thu. 10:00am - 11:45am
Sep. 12 - Dec. 14
Term fee: ¥8,100

Sat.-Course

Every Sat. 10:00am-11:45am Sep.16 - Dec.16
Term fee: ¥3,900

Evening-Course

Every Tue. 6:30pm - 8:15pm Sep.12 - Dec.12
Term fee: ¥4,200

Level:

Beginners~Intermediate class
KANJI class (Sat. only)

Capacity:

15 people for each class
First-come, first-served basis

Participants:

Non-native speakers of Japanese aged 16 or over

Application:

At the venue on the day of class

*Note: Classes might be occupied if applicants come after the first day of the term. If you enroll for the first time at our Japanese class, please contact us in advance with your name, nationality, e-mail address, home address, postal code and telephone number by fax or e-mail.

Inquiries:

Ms. Rieko Fujisaki Tel & Fax 03-5430-5952
Ms. Yuko Yoshitake Tel & Fax 03-3717-7418

Organizer:

NPO Meguro UNESCO Association

Co-organizer:

Meguro City Board of Education

*Note: If you enroll after the first day of class, your fee will be calculated on a per lesson basis. Textbooks cost extra



Life in Tokyo

Site for Foreign Residents of Tokyo

<https://www.lifein.tokyo.jp/en/>

Kaleidoscope Meguro



Vol.002 September 2017

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41st Meguro Kumin Matsuri (Meguro Sun Festival)

Date: Sun September 17th, 2017

Time: 10:00 am - 3:30 pm

FREE ADMISSION

(The festival will take place in rain or shine. In case of stormy weather, the committee will decide on Saturday whether to cancel it.)



One of the biggest local festivals in Meguro, which is known for *Meguro no Sanma Matsuri* (Pacific Saury Festival), is held in Dendo Square Park (1-25-8 Meguro) and other venues.

In Sanma Matsuri, 5,000 Pacific sauries are delivered from Kesenuma, which is a friendship city of Meguro, grilled over charcoal fire and served with kabosu (citrus fruit) grown in Usuki.

The best part is that they are free of charge! Also, there will be a variety of entertainment, such as booths showcasing local products and food, dancing and band performances and even a huge maze for kids.

This will be held in three nearby venues: Furusato Bussanten (regional specialties exhibit), Omatsuri Hiroba (festival plaza) and Kodomo Hiroba (children's plaza). Come join us!

[Note: Some activities require fees.]

Contact:

Meguro Kumin Matsuri Executive Committee Office

TEL: 03-5722-9278

FAX: 03-5722-9378

E-mail: bunka01@city.meguro.tokyo.jp

Jiyugaoka Megami Festival 2017

Date: Sun October 8th & Mon 9th, 2017



Jiyugaoka Megami Festival, one of the biggest events in Meguro City, will be held on Sunday and Monday, October 8th and 9th, in Jiyugaoka, a vivid town that has full of shops and restaurants offering sweets, gourmet foods, interior goods and fashion.

The theme of this year's festival is "Can't Get Enough of Jiyugaoka".

Each year, this festival attracts around 500,000 visitors. Within a radius of 300 meters of Jiyugaoka Station, you can enjoy stage performances, various foods and shopping.

Kansho Matsuri (Sweet Potato Festival)

The Meguro Fudosen (Ryusenji), located in 3-20-26 Shimomeguro, Meguro City, holds a festival on the 28th of every month. The one held on October 28th, is known as "Kansho Matsuri" (Sweet Potato Festival), and every year, it attracts a huge crowd.

In 1732 (Kyoho Era 17), a famous Confucian and Dutch scholar, Konyo Aoki, experienced a severe famine and was inspired to write a book entitled, "Banshokou," introducing sweet potato growing on sterile wasteland. Later, he presented this book to the government.

Shogun Yoshimune then ordered Konyo Aoki to implement a sweet potato cultivation plan. Konyo grew sweet potatoes in Koishikawa Botanical Garden and sent seed tubers to various regions.

People called him "Kanuho Sensei" (Professor Sweet Potato) for his accomplishment.

In his later life, he built a villa in Meguro. His grave can be found in the corner of Meguro Fudosen.



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This illustration was taken from <http://earthwing.co.jp/ai/>



This design is made by Mr. Keita HAYASHI. He graduated from Tokyo Institute of technology in March 2017. He belonged to the laboratory of Dr. NOHARA. The design is based upon the crest of Meguro-ku and cherry blossom.

Foreign Residents Information Desk

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<http://www.mifa.jp/mifa2/gaikokujinsodan2/2E.htm>



Published by Culture & Exchange Promotion Section, Meguro City Office
Edited by Edit Group in MIFA

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Bicycles in Japan

We asked Adrian, who enjoys cycling, how bicycles are used differently between Japan and Australia. He answered that in Japan, there are a lot more bicycles, and many people use them as a means of transportation. Though there are also a lot of cyclists in Sydney, they mainly ride for leisure.

In Japan, bicycles are often more convenient than cars for getting around towns where the roads are narrow and a lot of shops are close to one another. Bicycles don't get stuck in traffic and don't need a lot of parking space, so they are an essential way of transportation.

We have some unique types of bicycles. For example, he had never seen people using what we call *Mama Chari* or a battery-powered bicycle in Sydney. *Mama Chari* means "Mom's Bicycle". Have you ever seen a person riding a bicycle while carrying many plastic bags with a child on an attached seat? Yes, that is *Mama Chari*.

Now are you much more interested in cycling? How about riding in an autumn breeze? You will get a chance to see a different kind of scenery than what you are used to seeing, and you will feel refreshed. Don't forget the following traffic safety rules and guidelines before you get on the road.

<Information provided by Tokyo Metropolitan Government>

- PDF -



Pamphlet on how to ride a bicycle safely

- YouTube -



The proper way to wear a helmet

How to ride a bicycle safely



Riding restrictions

Illegal parking prohibited



Road hazards

Adrian also recommends wearing a helmet, even if we are not required to do so.

In Japan, helmets are mandatory for school children only. Adrian believes riding with a helmet is the same as driving a car with a seatbelt. It is also best to always ride on the left-hand side of the road to protect ourselves.



DOGTokyo2017

Date: Sat October 21st & Sun 22nd, 2017

Time: 10:00 am - 4:00 pm

Location: Ueno Park



Akane Takayama was brought up in Meguro. She left aged 20 to become a contemporary artist. Studying in London, she built a career of awards and exhibitions in the UK. She is now bringing home her art with her award winning DOG sculpture.

An exciting sculpture which questions how we place values on objects backed by Meguro City, Meguro Aoiro Shinkokukai, Asahi Shimbun Foundation and the British Council.

Takayama seeks to make art accessible to the whole community. In this respect a cross cultural educational exchange has been mounted between primary schools in Meguro and the UK.

At the end of each day the DOG sculptures will be given away for free. Volunteers working with the 400 DOG installation on the day would be welcome.

Contact : akane@akane.co.uk

Artist Website: akane.co.uk

Installation Website: akane.dog

Facebook: DOGTokyo2017

Instagram: DOGTokyo2017

Twitter: @takayama_ART

Linkedin: Akane Takayama



SENTO

"SENTO" is a public bath. It has been thought that the bathing started in temples as a duty for those who serve the Buddha. Later around 1460, it is recorded that "Busho" (military commanders) invited their relatives and treated them with a bath, banquet and tea ceremony. Then around 1600, it is known that commoners had gatherings called "Furoko" where they met in "Kannon-do" (Buddhist temples), took a bath and held a banquet. It is said that they entertained themselves with "Rakugo", "Go", and "Shogi".



"Ukiyo-buro" By Sanba Shikitei

The "SENTO" culture in Japan is not just a place to bathe but plays a role of "a social meeting place." Now there are 14 public baths in Meguro.

Meguro public bath map

http://www.city.meguro.tokyo.jp/smph/kurashi/shigoto/shotengai/koshuyokujo/yokujo_ichiran.html

One of them, "Bunka Yokusen," which is located near Ikejiri-Ohashi station, has "nano" bubble bath and Chinese medicine bath. Modern bath facilities seem to be focusing on the extra benefits of bathing such as aesthetic effect and metabolism activation.

Every facility has its own style and originality, such as the wall paintings of Mt. Fuji in the bathing area, and this is becoming their traditional culture.



From "Bunka Yokusen" website

They are definitely worth seeing. We also recommend going to "SENTO" early in the morning or after a jog.

Meguro SENTO Special Services

"Welcome SENTO Runners" service is to keep your belongings without any extra fee, while you are running.

"Meguro Refresh Bath" service allows Meguro residents aged over 60 years old to enjoy SENTO for 220 yen. Your ID is required to register on the first visit, and this discount is applied maximum four times a month.

"Parent-child Bathing Day" offers a pair of a parent and a small child (school children not allowed) a free entry every second Sunday.

"Respect for the Aged Bathing Day" is to let Meguro residents aged 60 years or older enjoy SENTO for free on or around September 15th. Maximum two small children (school children not allowed) can be accompanied.

THE BATHING MANNERS

Let's enjoy SENTO keeping the manners !

入浴する前にごらんください

Look! Before you go in ...



浴室に入る時には
パンツを脱いでください
Please take off your underwear
before you go in.
请脱掉内裤后进入浴室
沐浴場에서는 팬티를
벗어 주십시오



湯船に入る前に汚れた体を
洗い流してください
Please wash yourself well before
getting into the tub.
请洗干净身体后进入浴池
탕 안에 들어가실 때는 간단히
몸을 씻어 주십시오



湯船にタオルは
入れないでください
Please keep your towel
out of the tub.
请不要把毛巾带入池内
탕 안에서는 타올을
사용하지 마십시오



シャワーは座って使い、
使わないときは湯水を止めてください
Please refrain from washing
your clothes or underwear.
请坐着使用淋浴。
在不用时请关掉热水
샤워는 앉아서 사용하시고, 사용하
지 않을 때는 온수를 껐 주십시오



洗濯は
ご遠慮ください
Please refrain from washing
your clothes or underwear.
请不要在浴室内洗衣服
세탁은 금해 주시기 바랍니다



更衣場に戻る際には
濡れた体をふいてください
Please wipe yourself off before
coming out to the dressing area.
请擦干身上的水后回到更衣室
탕안에서 나오실 때는
젖은 몸을 닦아 주십시오